



RINGWOOD SCHOOL KS5 PSHE OVERVIEW -2023-24

	Autumn 1 <i>Living in the wider world</i>	Autumn 2 <i>Relationships</i>	Spring 1 <i>Living in the wider world</i>	Spring 2 <i>Relationships</i>	Summer 1 <i>Health & Wellbeing</i>	Summer 2 <i>Living in the Wider World</i>
Year 12	<p>Stepping up</p> <ul style="list-style-type: none"> • Choices and pathways • Personality Testing, Skills and strengths • Mental Health and emotional well being 	<p>Respectful relationships</p> <ul style="list-style-type: none"> • Consent • Assertive communication • Positive relationships and recognising abuse • Strategies for managing dangerous situations or relationships 	<p>Planning for the future</p> <ul style="list-style-type: none"> • Exploring future opportunities • Post-18 options • The impact of financial decisions 	<p>Diversity and inclusion</p> <ul style="list-style-type: none"> • Living in a diverse society • Challenging prejudice and discrimination 	<p>Health choices and safety</p> <ul style="list-style-type: none"> • Independence and keeping safe • Travel/ First festival • First aid • The impact of substance use 	<p>Choices and pathways</p> <ul style="list-style-type: none"> • Applying to University • Writing Personal Statements • Financial planning for life after sixth form
Year 13	<p>Next steps</p> <ul style="list-style-type: none"> • Application processes • Future opportunities and career development • Maintaining a positive professional identity 	<p>Intimate relationships</p> <ul style="list-style-type: none"> • Personal values, including in relation to contraception and sexual health • Personal safety • Conflict resolution • Relationship changes 	<p>Financial choices</p> <ul style="list-style-type: none"> • Managing money • Financial contracts • Budgeting • Saving • Debt • Influences on financial choices 	<p>Independence</p> <ul style="list-style-type: none"> • New friendships and relationships, including in the workplace • Taking responsibility for your own health. • Illnesses that affect young adults 	<p>Next steps</p> <p>Ringwood Ready for Exams</p> <p>Next steps checklist</p> <p>Summer ready</p>	-

Ringwood Sixth Form strives to provide an environment full of challenges and opportunities, both academic and personal. We have high expectations for all students and provide an environment that is intellectually stimulating and supportive. We embrace challenges and develop independence and self-confidence through close working relationships between staff and students. Beyond their studies we expect students to immerse themselves in the wide range of opportunities on offer so they develop as responsible, confident global citizens.' There is a comprehensive and full programme that shows clearly the pastoral, enrichment and academic journey students at Ringwood School take. The programme reflects the schools curriculum intent through embracing the House values and following the guiding principles of the VESPA model and a Growth Mind set. 3 core themes followed are (PSHE Association Programmes of Study): 1. Health and Wellbeing 2. Relationships 3. Living in the Wider World A fourth theme, Learning for Life, directs and encourages students to develop their intellectual curiosity and study skills through a range of qualifications, experiences and opportunities. The sixth form leadership team develop a programme working with students and tutors that responds to topical events and issues as well as preparing students to manage their current lives and laying the foundations for managing future experiences.