

Transition Time

Moving to Year 7



Starting Year 7 (Secondary School, Key Stage 3)



Starting a new school is a big step, particularly when moving to a new secondary school. Not only are you embarking on your first taste of secondary education, but you are also going to a new location which involves an unfamiliar and often longer journey. This leaflet is designed to lead you through the process of planning your new journey to school and, as much as is possible, keeping it active, safe and sustainable.

Did you know that 1 in 5 cars on the road during morning rush hour is on the school run?

You can make a difference!

Too many cars around schools during drop-off and pick-up times create congestion, pollution and road safety issues. **Your own travel choices directly affect this situation** and we would encourage you to think carefully about how you plan to travel to your new school and try to make a difference from the start.

The [My Journey Travel Planning Team](#) at Hampshire County Council (HCC) is here to support you, as well as to encourage you to travel actively to school whenever possible. Active travel is not only good for the environment, but it is also vital for your physical and mental health and wellbeing. There's lots of information and ideas on the following pages to support you in making your travel choices, or you can visit the [My Journey Transition Time](#) and [My Journey parent](#) pages.

Getting to know the basics



Once you have your school place confirmed, visit the school's website and read through any materials provided there, including their prospectus and travel policies, to find out key information such as:

➤ **School start and finish times** including specific arrangements to enable social distancing on the school site - please adhere to these arrangements rigidly

- **Breakfast and after school club timings and availability** if needed
- **Travel to school policies / webpage** - many schools have a 'Travel to school' policy and/or webpage with information about how they would like students to travel to and from the site. This may include information about Park and Stride sites (there is more information on this later), reduced cost bus travel and bus services.
- **Pedestrian entrances** - check where the pedestrian entrances are and whether you should be using a particular one (this may depend on your age, or there may be a new one-way system in place to support social distancing).
- **Cycle storage** - if you wish to cycle to school, ensure you know the availability and location of cycle parking, and whether there are any policies in place or restrictions on who can use this. Are there lockers for storing large items or arrangements for drop-off if you have sports equipment or musical instruments, for example. Please ensure you follow this guidance and keep yourself safe and visible on your bike.
- **HCC School Transport Team, Children's Services** is available to eligible students. Please look [here](#) for more information.

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Have you considered...?

When starting to think about your new journey, consider the following questions as they will help you to work out the best solution for you as everyone's situation is different:

- **Journey times** tend to be longer to secondary schools – is the route walkable or might it be better to cycle or get the bus or train? Note: *Please follow the latest [government guidance](#) on using public transport.*
- Secondary school tends to start earlier – **what time** will you need to leave home to arrive on time? Do not forget to factor in how long it takes to walk to and from the bus stop or train station too.
- Are the footpaths **easy to follow** and are they **well lit**? Do not forget it gets darker earlier in the winter months.
- Is this a route that you have walked or cycled before? If not, why not **practice** it over the summer holidays?
- Could you social distance walk to school with a friend so that you have someone to chat to on the way? Don't forget that this may slow down your journey so add in some extra time to allow for this.
- If there really is no option to driving, why not '**Drop off and Stride**'? See p4 for more information on this.
- If you do not know anyone going your way, could you use a **route tracking app** such as [Route Guard](#) on your phone so your parents are happy they know where you are? There is more information on this later.



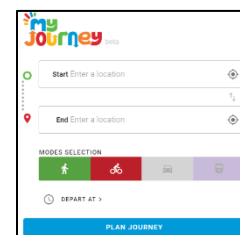
Film fun with Roman legend Vitruvius

This [8-minute, historical and hysterical film](#) by our fantastic friends at [Histrionics](#) is designed to help you start thinking about planning your new route to school. Based around the true story of Vitruvius, a Roman author, architect and engineer who lived during the 1st century BC, you will pick up lots of hints and tips about planning your journey, travelling sustainably and keeping the environment clean, as well as yourself fit and healthy.

Follow-up activities: Now that Vitruvius has inspired you to work out an active and safe route to your new school, you need to work out the best route for you:

1. Mapping investigation

Look up your new school on a local map or on a computer using the [My Journey mapping tool](#) (uses Google Maps) or [OpenStreetMap](#). How far away is it? Is there a quieter route there, away from traffic and with safe crossing points? You may be offered alternative routes and the quickest route may not always be the best route in terms of traffic, pollution, safety and enjoyability.



Use the yellow man icon on **Google Maps** to browse street view images, especially if you do not know your route well, as you can spot any hazards before you try out your route for real. Both packages enable you to choose your form of transport, including walking, cycling, bus and train so you can compare timings and suitable routes. In **OpenStreetMap**, use the right click on your mouse. In **Google Maps**, use the blue and white directions icon.

For travel by bus or train, please first consider if there are alternatives, as the current Government advice is to reduce the demand for public transport. If this is your only option, check with your local operator for their advice and guidance, and always follow the [Government social distancing guidance](#). Next, check out the routes, timetables and bus stops/stations carefully, and what time(s) the service is scheduled to depart each way. Your new school will provide information regarding **Hampshire School Transport** buses should you be using this option.

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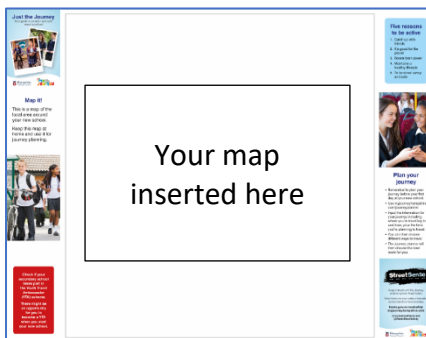
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2. Map making

Once you have decided the best options for your new route to school, you could either save a map of your route on your computer or phone by cutting and pasting it from OpenStreetMap for example, or you could draw your own map on a piece of paper or card. If you wanted to create your own **Just the Journey** map (there's a list of the ones we've made [here](#)) please use [this](#) link and then drop your map into the white box as below:



As if looking from above (bird's eye or plan view), mark on your house and your new school, and then draw the roads or footpaths you need to use in between the two. Can you add a key with some icons to note anything exciting to be found on the route such as a friend's house or a park? What about any hazards to avoid like a busy road or narrow pavement? The more detail you add, the better your map will be.



There are lots of ideas to enhance your map, including compass directions, symbols and coordinates, on the [Teaching Ideas](#) website.

3. Marching Orders

Once you are happy with your map, go and test it out with someone in your household. Why not try out more than one route to see if you have a preference? Is one better for walking or scooting and one better for cycling? Do you need to make any changes to your map having tried it out? Don't forget to consider other factors such as whether the path may be muddy at times or whether there are streetlights so you will be seen when the evenings are darker.

Other Transition Booklets

- **Living Streets**, our walking partner, have some great resources to encourage [walking to secondary school](#) plus a new leaflet on [transitioning to secondary](#).
- A big thank you to our friends at [Room9Media](#) have kindly created an interactive, on-line version of their [Way2Go booklet](#) (downloadable from the My Journey webpage) that we would usually provide to schools for their Year 6 pupils at this time of year. If you would like to print it out and complete it at home rather than on-line, you can use this [link](#).

Both of the above would be great to work through when planning your new journey.



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Information on safe, active travel

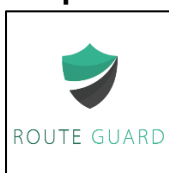
Walk, bus, train or cycle? We have lots of information to support all forms of travel on the [My Journey](#) website. Don't forget to check out our [cycling skills](#) page to keep you safe and your bikes road worthy. There are lots of [Air Quality resources](#) available to download and there's an [air pollution quiz](#) suitable for the whole family to try out too.



Walking for your wellbeing's never been such fun

See our [wellbeing pages](#) for the latest ideas on keeping active and healthy, in body and mind. We have lots of ideas to make your time outside more interesting and fun such as our [Spring into Action](#) toolkit and our [Primary](#) and [Secondary](#) wellbeing fliers. Please follow the latest Government guidance on social distancing.

Keep track with the Route Guard app



[Route Guard](#) is a new app being promoted by HCC's Road Safety team. It is a secure app, promotes independence and uses real time data so parents know where their child is and can be notified should they leave their agreed route. The resources are free for Hampshire schools to use, and it costs parents £2.99 to register on the app (it's then free for students). If your school's not already registered, ask

them to [contact the Road Safety team](#).

Use a public bus to school?

Download the Hants RTI app available for iPhone & Android for real time bus info



Have to drive? Drop off and stride!

We do understand that, for some families, logistics mean that at least some of the journey needs to be completed by car. If this is the case for your family, please consider trying out **Drop off and Stride**: Find a suitable, safe drop off point from where you can walk the last 5-10 minutes. This could be a local supermarket or pub car park (with their prior agreement), a recreation ground, park or an area with plenty of legal on-street parking. Perhaps this could be at a friend's house who is in your school bubble so that you can then socially distance walk to school together? This will really help – it makes a fantastically sociable start to the day as well as decreasing the level of traffic and pollution at the school gates.

Parents: Please [Parkwise](#) and always be respectful of local residents. Some schools have their own Park and Stride maps highlighting local car parking areas where they have agreements in place so do ask about this.

Further road safety information for teens:

- The HCC Road Safety Team's [Street Sense](#) campaign is aimed at highlighting the dangers of being distracted at the roadside.
- [Sustrans](#), our cycling partner, have some [great tips](#) on walking and cycling on the school run. They also have a really [interesting blog](#) on the benefits of cycling for children and families.
- The Department of Transport's [Think!](#) website has some excellent resources for 7 to 12-year-olds including activities around road safety and independence as a pedestrian.
- Road safety charity [Brake](#) has many resources and [advice for secondary school](#) students and their families.
- If you have any railway lines to cross on the way to school, you may be interested in these secondary [safety resources](#) from [Network Rail](#).



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