

Year 11 PSHE Curriculum Map

Skills and Knowledge				
Session 1:	Session 2:	Session 3:	Session 4:	Session 5:
22nd Sept p2, 3 and 4	12th Oct p3,4 and 5	20th Jan p1, 2 and 3	28th Feb p2 and 3	23rd March p5
<ul style="list-style-type: none"> ▪ Strategies to support positive emotional well-being ▪ Strategies to stay safe socially including drugs and alcohol awareness ▪ about the importance of screening and self-care ▪ about registering with and accessing doctors, sexual health clinics, opticians and other health services alterations ▪ about blood, organ and stem cell donation 	<ul style="list-style-type: none"> ▪ Updating CVs, awareness of application processes and skills required for further education ▪ Strategies to manage stress and work/life balance 	<ul style="list-style-type: none"> ▪ Financial awareness program ▪ Diversity and equality awareness 	<ul style="list-style-type: none"> ▪ Healthy relationships – looking at the interconnection between sex, love and commitment ▪ Looking at the impact of the media and pornography on perception of healthy relationships ▪ about pregnancy, birth and miscarriage ▪ about unplanned pregnancy options, including abortion 	<ul style="list-style-type: none"> ▪ how to assess and manage risk and safety in new independent situations (e.g. personal safety in social situations and on the roads) ▪ how to challenge harassment and stalking, including online