

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 12	Stepping Up <ul style="list-style-type: none"> • Choices and pathways that 6th form can lead on to • Skills and strengths • Mental health and emotional well being 	Respectful relationships <ul style="list-style-type: none"> • Assertive communication including consent • Positive relationships • Recognising abuse and coercive control • Strategies for staying safe and seeking support 	Diversity and Inclusion <ul style="list-style-type: none"> • Living in a diverse society • Values and respect • Challenging prejudice and discrimination • Equality in the workplace 	Health <ul style="list-style-type: none"> • Vaping -what's the harm? • Self care and screening awareness (including testicular and breast cancer signs and symptoms) • Sexual health 	Personal Safety <ul style="list-style-type: none"> • Independence and keeping safe • Travel/First festival • First aid • The impact of substance misuse 	Life Choices and pathways <ul style="list-style-type: none"> • Applying to University • Financial planning after 6th form including taxes and mortgages • Post-18 options
Year 13	Next steps <ul style="list-style-type: none"> • Application processes • Future opportunities and career development • Maintaining a positive professional identity 	Independence and safety <ul style="list-style-type: none"> • New friendships and relationships, including in the workplace • Respectful relationships including sexual harassment • Road safety 	Financial Choices <ul style="list-style-type: none"> • Financial contracts • Budgeting and saving • Debt • Influences on financial choices including gaming and gambling 	Health <ul style="list-style-type: none"> • Understanding addiction and seeking support • Understanding the implications of substance misuse • Fertility, pregnancy and contraception options 	Next steps <ul style="list-style-type: none"> • Are you Ringwood Ready for Exams? • Next steps checklist • Preparing for the summer and beyond 	