



OCR Cambridge Nationals Certificate in Health and Social Care

Cambridge National	Level 1/2 Certificate	OCR
Who is this course aimed at?	The Cambridge Nationals in Health and Social Care is an option subject, being the same size as a GCSE. It is designed to equip anyone who has an interest in Health, Social Care or Child Care, with the essential knowledge and transferable skills to enable them to make valid personal choices about further education, training or employment in this field. Related employment might include Nursing, Nursery Nursing, Midwifery, Occupational and Physiotherapy, Pharmacy, Medicine, Social Work, or Teaching, for example.	
How will I be assessed?	Assessment is based on two portfolios of work (60% of your grade), and one 1 hour 15-minute external examination which is set and marked by OCR (40% of your grade). The exam will be sat at the end of Year 11, but the two portfolios of work will be completed throughout the two years of the course. These can contain a range of evidence, from posters or project work, to video evidence.	
Will I enjoy the course?	This Health and Social Care course is a varied and interesting course involving a range of teaching, learning and assessment styles to motivate and encourage creativity and independence. There will be opportunities to visit local Health, Social Care and Early Years care settings, as well as to interview visiting speakers, which helps to put learning into context.	
What will be expected of me?	You will be encouraged to take charge of your own learning and development, carrying out research and gathering information from a variety of different sources, visiting speakers and visits to workplaces. You will be asked to present your findings in a variety of formats.	

What will I study?

R032: Principles of care in health and social care settings	This mandatory unit is assessed by an exam. In this unit you will learn about the key topics that are important when caring for and protecting people in health and social care. Topics include: the rights of service users, person-centred values, the importance of effective communication, and how to keep individuals safe in health and social care settings.
R033: Supporting individuals through life events	This mandatory unit is assessed through a written assignment set by the exam board each year. In this unit you will learn about human growth and development through the life stages, how to understand the needs of individuals who have been affected by life events, and how to recommend support to meet their needs.
R034: Creative and therapeutic activities OR R035: Health promotion campaigns	The final unit is an internally assessed and externally moderated portfolio of work. As a class you will select one of the two optional units to complete during Year 11. If you choose unit R034 you will learn about the benefits of creative activities for service users and you will plan and deliver a creative activity to a group or individual. If you choose R035 you will research health promotion campaigns and learn about their benefits to society. You will also plan and deliver your own health promotion campaign.