

KS5 Ringwood School PSHE Curriculum Overview 2026/2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 12 PSHE	Mental Health & Emotional Wellbeing - Making informed choices - Post 18 pathways - Intellectual curiosity and employability skills	• Respectful Relationships & Sexual harassment Hemisphere • Consent and communication & Recognising abuse and seeking support • Healthy online and offline relationships	Planning for the Future - Post 18 pathways - Financial decision making - Citizenship, democracy and political engagement	Diversity & Inclusion - Living in a diverse society - Challenging prejudice - Equality and respect	Health Choices & Safety - Personal safety and independence - Personal safety, exploitation and risk awareness - Substance use and vaping	Transition to Adulthood - Living away from home and self-management - Accessing support services and maintaining wellbeing - Building resilience and coping with significant life changes
Year 13 PSHE	Next Steps - Looking after yourself - Jobs and employability and maintaining a positive professional identity - Getting ready to move out	Coercive control Independence Hemisphere • Responsible health choices & Coercive control • Managing change and transition • Health and wellbeing into adulthood	Intimate Relationships - Sexual health and contraception - Fertility and pregnancy - Personal values and decision making	Financial Choices - Managing money and budgeting - Financial contracts and debt - Scams, gambling and financial influences	Building & Maintaining Relationships - Workplace and personal relationships - Personal safety and intimacy - Conflict resolution and relationship change	