Hot Lunch Menu Autumn Winter 2027 adapted for Coeliac / Gluten Free Diet

These lunches need to be pre-order and will be served according to our Special Meal Policie

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Sweet & Sour Chicken	Cajun Chicken Stack	Roasted Pork	Chicken Madras (GF Spice)	Gluten Free Sausage Battered
Rice Noodles	Potato wedges	Roast potatoes & Vegetables	Steamed Rice	Gluten Free Fish Battered
Stir-Fry Vegetables	Green Beans	Gravy (always Gluten Free)	Vegetables	Chips (Own Fryer) GF
		GF Yorkshire Pudding	Minted Yogurt	Beans Or Peas

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Carbonara (GF)	BBQ pulled pork	Roasted Chicken	Pork Chilli Carnita	Gluten Free Sausage Battered
Gluten Free Penne	GF Corn Fritter	Gravy (always Gluten Free)	Rice	Gluten Free Fish Battered
Green Beans	Potato Wedges	Roasted Vegetable	Roasted Sweet corn	Chips (Own Fryer) GF
Tomato salad	Coleslaw	Roasted Potatoes	GF Tortilla (Nachos)	Beans Or Peas

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Gluten Free sausages	Chicken Adana	Roast Gammon + GF Yorkshire pudding	Chinese Chicken Curry	Gluten Free Sausage Battered
Onions Gravy (GF)	Rice	Gravy (always Gluten Free)	Rice Noodles	Gluten Free Fish Battered
Potato Wedges	Gluten Free Flat Bread	Roasted Vegetable	Stir Fry vegetables	Chips (Own Fryer) GF

Carrots & Peas	Ratatouille Vegetable	Roasted Potatoes		Beans Or Peas