

Ringwood School

SECONDARY PSHE EDUCATION: OVERVIEW 2021/2022



	Autumn 1 <i>Health & wellbeing</i>	Autumn 2 <i>Living in the wider world</i>	Spring 1 <i>Relationships</i>	Spring 2 <i>Health & wellbeing</i>	Summer 1 <i>Relationships</i>	Summer 2 <i>Living in the wider world</i>
Year 7	Transition and safety Transition to secondary school, personal safety in and outside school, first aid	Developing skills and aspirations Careers, teamwork skills, and raising aspirations	Diversity Diversity, prejudice, and bullying	Health and puberty Healthy routines, influences on health, puberty, unwanted contact	Building relationships Self-worth, friendships (including online) and relationship boundaries	Financial decision making Saving, borrowing, budgeting and making financial choices
Year 8	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Community and careers Equality of opportunity in careers and life choices, and different types and patterns of work	Discrimination Including: racism, religious discrimination, disability, sexism, homophobia, biphobia and transphobia	Emotional wellbeing Mental health and emotional wellbeing, including body image, puberty and coping strategies	Identity and relationships Gender identity, sexual orientation, consent and 'sexting'	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks
Year 9	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Healthy lifestyle Healthy choices in terms of diet and exercise, FGM awareness and first aid	Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and unwanted pregnancy	Employability skills Employability and online presence
Year 10	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices	Healthy relationships Relationships and sex expectations, myths, pleasure and challenges, including the impact of the media and pornography	Exploring influence The influence and impact of drugs, gangs, role models and the media	Addressing extremism and radicalisation Communities, belonging and challenging extremism	Work experience Preparation for and evaluation of work experience and readiness for work

Year 11	Building for the future Self-efficacy, stress management, and future opportunities	Next steps Application processes, and skills for further education, employment and career progression	Communication in relationships Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse	Independence Responsible health choices, substance awareness and safety in independent contexts	Families Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships	

Year 9 Weekly Lesson Overview

Autumn 1 Relationships	Autumn 2 Living in the Wider World	Spring 1 Living in the Wider World	Spring 2 Relationships	Summer 1 Living in the Wider World	Summer 2 Health and Well-Being
Discrimination Including: racism, ageism, religious discrimination, disability, sexism, homophobia, biphobia and transphobia	Sustainability Including fast fashion, plastics, water, energy and endangered animals	Careers Including: enterprise, job sectors, recruitment and employability, personality quiz, volunteering/enrichment, transferable skills, CVs, post 16 choices and decision making	Gender Education and marriage around the world, LGBTQ, and Mens Mental Health	Personal finance Understanding credit and debt, budgeting, buying a house and household bills and financial fraud/identity theft	Healthy choices Including screen time, sleep, diet, exercise, mental health and intimate relationships

PSHE Off Timetable Events Calendar

Year 7	Tuesday 22nd march 2022	Citizenship
Year 8	Weds 17th November 2021	Law and Order
Year 9	Thurs 7th July 2022	Health and Well-Being
Year 10	Tues 18th January 2022	Health and Well-Being

